

Information For the Use

Piperine 5mg + Green Tea Extract 10mg + Omega 3 Fatty Acid 90mg + Docosaheaxaenoic Acid 60mg + Ginkgo Biloba 10mg + Ginseng 42.5mg + Grape Seed Extract 15mg + Garlic Extract 20mg + Guggul 10mg + Ginger Root Extract 14mg + Green Coffee Bean Extract 10mg + Glycyrrhiza Glabra Extract 10mg + Citrus Bioflavonoids 20mg + Lutein 250mcg + Natural Mixed Carotenoids (10%) 11.33mg + Wheat Germ 25mg + Choline Bitrate 25mg + Benofotiamine 1.4mg + Biotin 30mcg + Folic Acid 150mcg + Potassium Iodine 150mcg + Zinc Oxide 5mg + Elemental Copper 1.35mg + Chromium Picolinate 65mcg + Sodium Molybdate Dihydrate 25mcg + Elemental Chloride 4mg + Elemental Potassium 3.6mg + Sodium Borate 150mcg + Lycopene 6% 2000mcg + Colloidal Silicon Dioxide 2mg + Nickel Sulphate 5mcg + Stannous Chloride Dihydrate 10mcg + Elementak Vanadium 10mcg + Lactic Acid Bacillus 150 Million Spores + L-Glutathione 2mg + Vitamin K27 10mcg + Nacinamide 20mg + Vitamin B6 1mg + Vitamin B12 1mcg + Calcium Ascorbate 45mg + Elemental Calcium 20mg + Elemental Phosphorous 15.45mg + Ferrous Fumarate 30mg + Magnesium Oxide 30mg + Manganese Sulphate 1.5mg

Multibolt 9G Softgel

Comprehensive Details for the Nutritional Softgel

Composition Per Softgel:

This formulation is a blend of essential vitamins, minerals, antioxidants, herbal extracts, and other nutrients designed to support overall health and specific physiological functions. Below is the breakdown and details of the key ingredients:

Active Ingredients and Their Benefits

- 1. Piperine (5 mg):** Enhances bioavailability of other nutrients and supports digestive health.
- 2. Green Tea Extract (10 mg):** Rich in antioxidants; supports weight management and cardiovascular health.
- 3. Omega-3 Fatty Acid (90 mg) & Docosaheaxaenoic Acid (DHA) (60 mg):** Promote heart, brain, and joint health.
- 4. Ginkgo Biloba (10 mg):** Enhances cognitive function, memory, and circulation.
- 5. Ginseng (42.5 mg):** Boosts energy, reduces stress, and improves immunity.
- 6. Grape Seed Extract (15 mg):** Provides antioxidant support and promotes skin and cardiovascular health.
- 7. Garlic Extract (20 mg):** Supports heart health and immune function; has antimicrobial properties.
- 8. Guggul (10 mg):** Helps manage cholesterol levels and supports thyroid health.
- 9. Ginger Root Extract (14 mg):** Aids digestion and has anti-inflammatory and antioxidant properties.
- 10. Green Coffee Bean Extract (10 mg):** Supports metabolism and weight management.
- 11. Glycyrrhiza Glabra (Licorice) Extract (10 mg):** Promotes digestive health and reduces inflammation.
- 12. Citrus Bioflavonoids (20 mg):** Enhance the absorption of vitamin C and provide antioxidant benefits.
- 13. Lutein (250 mcg):** Supports eye health and protects against age-related macular degeneration.
- 14. Natural Mixed Carotenoids (10%) (11.33 mg):** Support immune health and vision; act as antioxidants.
- 15. Wheat Germ (25 mg):** A source of essential fatty acids and antioxidants; supports skin and heart health.

- 16. Choline Bitartrate (25 mg):**
Important for brain function and liver health.
 - 17. Benfotiamine (1.4 mg):** A form of Vitamin B1, supports nerve health and energy metabolism.
 - 18. Biotin (30 mcg):** Enhances skin, hair, and nail health.
 - 19. Folic Acid (150 mcg):** Crucial for cell division, DNA synthesis, and preventing neural tube defects in pregnancy.
 - 20. Potassium Iodine (150 mcg):**
Supports thyroid health and metabolic functions.
 - 21. Zinc Oxide (5 mg) & Elemental Copper (1.35 mg):** Support immune health, skin repair, and enzymatic reactions.
 - 22. Chromium Picolinate (65 mcg):**
Helps regulate blood sugar and support metabolism.
 - 23. Sodium Molybdate Dihydrate (25 mcg):** Supports enzymatic activity and detoxification.
 - 24. Elemental Chloride (4 mg) & Elemental Potassium (3.6 mg):** Help maintain electrolyte balance and hydration.
 - 25. Sodium Borate (150 mcg):** Supports bone health and hormone regulation.
 - 26. Lycopene 6% (2000 mcg):** Potent antioxidant that promotes heart and prostate health.
 - 27. Colloidal Silicon Dioxide (2 mg):**
Supports connective tissue and bone health.
 - 28. Nickel Sulphate (5 mcg), Stannous Chloride Dihydrate (10 mcg), & Elemental Vanadium (10 mcg):**
Trace elements essential for enzymatic and cellular functions.
 - 29. Lactic Acid Bacillus (150 Million Spores):** Probiotic for gut health and immune support.
 - 30. L-Glutathione (2 mg):** Master antioxidant that detoxifies and promotes skin health.
 - 31. Vitamin K2-7 (10 mcg):** Supports bone and cardiovascular health.
 - 32. Niacinamide (20 mg):** Improves skin health, energy metabolism, and nervous system function.
 - 33. Vitamin B6 (1 mg) & Vitamin B12 (1 mcg):** Essential for energy production, red blood cell formation, and nerve health.
 - 34. Calcium Ascorbate (45 mg):** A buffered form of vitamin C, promoting immune health and collagen synthesis.
 - 35. Elemental Calcium (20 mg) & Elemental Phosphorus (15.45 mg):**
Strengthen bones and teeth.
 - 36. Ferrous Fumarate (30 mg):** Provides iron to prevent anemia and improve oxygen transport.
 - 37. Magnesium Oxide (30 mg):** Supports muscle and nerve function, bone health, and energy production.
 - 38. Manganese Sulphate (1.5 mg):**
Assists in bone formation and metabolism.
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Indications

This softgel is indicated for:

- General health and wellness.
- Immune system support.
- Energy production and metabolic support.
- Cognitive function and memory enhancement.
- Cardiovascular health.
- Eye and skin health.
- Bone and joint support.

- **Antioxidant protection against free radicals.**
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Dosage and Administration

- **Recommended Dose: One softgel daily or as directed by a healthcare professional.**
 - **Method of Administration: Swallow with water, preferably with a meal for better absorption.**
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Side Effects

While generally well-tolerated, some individuals may experience:

- **Mild gastrointestinal discomfort (e.g., nausea, bloating).**
 - **Allergic reactions (rare).**
 - **Headache or dizziness (rare).**
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Precautions

1. **Allergies: Check for allergies to any ingredients.**
 2. **Pregnancy and Lactation: Use under medical supervision.**
 3. **Drug Interactions: May interact with anticoagulants, antidiabetic drugs, or other medications.**
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Storage Instructions

- **Store in a cool, dry place below 25°C (77°F).**
- **Keep away from sunlight and moisture.**

- **Keep out of reach of children.**
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Special Notes

- **This product is a nutritional supplement and not intended to diagnose, treat, cure, or prevent any disease.**
- **Regular use alongside a balanced diet and lifestyle ensures optimal benefits.**

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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